

SAFETY TIPS



- Ensure that this handbook is in the glove box at all times.
- A well equipped first aid kit with bandage, pain relief spray, antiseptic cream, anti-allergic like Avil, Aspirin, mosquito repellent cream or spray like Odomos.
- Car drivers with diabetes, blood pressure, asthma or illness for which they take prescription drugs , should keep a stock of their medicines in the car.
- In a disaster- like situation instead of trying to reach home, first reach the nearest acquaintance. Try to minimise travel.
- Lower your window panes while driving through water logged areas.
- Carry out pre-monsoon checks of batteries, tyres, electrical wiring, engine, maintenance of your car including wipers and top -up the fuel of your car during the monsoon.
- Initial light rains will mix with the dust and oils on the road to produce a very slippery surface. Such conditions must be treated with extreme caution as tyres tend to have less grip on slippery surfaces.
- Ensure that your tyres have the recommended air pressure and sufficient tread depth.
- Install in your car mobile battery charger and ensure your FM Radio is in working condition to tune into announcements. Ensure that you have at least one CDMA cell phone in the car. It seems that CDMA phones worked more effectively than the GSM phone during an emergency.
- Handy tools to be kept in the car :
 - Hammer: to break the glass on the driver's window from the middle/centre, in case of an auto-lock system failure.
 - Thick long at least 20 metres nylon rope with a hook to be kept the dicky.
 - Fully charged powerful torch.
 - Plastic sheets and spare umbrella
 - Dry and non -perishable food items to be kept in vacuum container in ample quantity. Dry fruits are recommended.
- At least two litres of bottled water to be filled daily. A working whistle. Create in the contact list of your cell phone ICE(In Case Emergency) to enable any rescuer to inform your nearest ones at the earliest.
- Never drive alone preferably in the disaster -prone areas. Avoid low lying areas.
- At any time your Life is more precious than your car, so in case you are stuck be prepared to park and walk.



NODAL OFFICER OF MCGM DURING ANY DISASTER

Chief Fire Officer : 2307 4923/2307
 Chief Medical Supdendent : 2640 6786/5226
 Chief Officer DMP & CCRS : 2269 4727/4725



Disaster Management Control Rooms : 2270 4403, 2269 4725, 2269 4727
 Central Complaint Registration : 1916
 Disaster Help Line : 108
 Chief Engineer (S.W.D.) : 2430 9472, 2430 9817, 2422 4556
 Rani Baug Control : 2372 5799, 2372 3578
 Removal & Encroachment : 2411 8686
 ANIRUDHA ACADAMI & DISASTER MANAGEMENT..... Shri. Tembe : 98690 89027
 KARMYOG..... Shri Somani : 98200 29884

FIRE BRIGADE CONTROL ROOMS - 101

Fire Station (Brigade) 101 : 2307 6111, 2308 6181, 230 6112/13

MUMBAI POLICE CONTROL

D. G. Control : 2202 6636	Mum. Police Head Qtr. : 2262 5020
South Div. : 2308 9855	Central Div. : 2375 0909
East Control : 2523 3588	West Control : 2645 7900
North Control : 2885 4643	Traffic Control : 2493 7746
Police Infoline : 1090	Traffic Helpline : 30403040

NAME OF POLICE STATION

Azad Maiden : 2267 8115	Colaba : 2285 2885	Goregaon : 2872 1900
Agripada : 2307 8213	Cuff Parade : 2218 8009	J. J. Marg : 2375 3762
Air Port : 2615 6315	Chembur : 2522 1613	Juhu : 2618 4308
Antop Hill : 2407 4447	Dongri : 2371 6278	Jogeshwari (W) : 2822 1672
Andheri (E) : 2683 1562	D. B. Marg : 2386 7873	Kalachowki : 2373 3043
Aarey Sub Div. : 2685 8484	Dadar : 2430 3654	Kasturba Marg : 2806 6158
Byculla : 2375 5264	Dharavi : 2407 3988	Kurla : 2650 3182
Bhoiwada : 2418 5637	Deonar : 2556 7406	Kherwadi : 2657 0877
Bandra : 2642 3021	D. N. Nagar : 2630 3893	Khar : 2649 6030
Bandra Kurla : 2650 4482	Dindhosi : 2877 7016	Kanjurmarg : 2578 0753
Complex	Dahisar : 2828 4024	Kandivali (W) : 2805 6603
Bhandup : 2595 2171	Gavdevi : 2380 4505	Samta Nagar : 2887 7618
Borivali : 2801 0145	Ghatkopar : 2515 3968	Kurar - Malad (E) : 2849 0444
L. T. Marg : 2208 0303	Navghar-Mulund : 25687314	Shahu Nagar : 2404 3624
Marine Lines : 2288 0266	Oshivara : 26323862	Tardeo : 2494 1109
Mantunga (E) : 2401 1783	Pydhonie : 23463333	Tilak Nagar : 2522 7293
Malbar Hill : 2363 5517	Powai : 28334610	Trombay : 2556 3382
M.R.A. : 2262 1313	Pant Nagar : 25153624	Versova : 2630 4812
M.I.D.C. : 2836 8352	Parksite : 25789368	V. P. Road : 2387 2525
Mulund : 2568 4535	R. A. K. Marg : 24184375	Vakola : 2668 2756
Malad : 2882 1147	R.C.F. : 25541690	Vile Parle : 2611 7307
Meghwadi : 2821 0837	Sion : 24026307	Vikroli : 2578 2240
Malwani : 2882 1319	Sewree : 23758163	Wadala : 2418 5350
Nagpada : 2309 2273	Shivaji Park : 24229059	Worli : 2493 0385
N. M. Joshi : 2308 4758	Sahar : 26828916	Yellow Gate : 2261 6578
Nirmal Nagar : 2640 0931	Santacruz : 26493139	Mahim : 2445 3833
Nehru Nagar : 2529 0946	Sakinaka : 28476160	

HOSPITALS

E.N.T. (Fort) : 2204 2526/3322	Agrawal (Mulund) : 2560 5728 to 30
Kasturba (Mahalaxmi) : 2308 3901 to 4	Mulund General : 2568 6225
Nair (Mumbai Central) : 2308 1490 to 99	Centenary (Kandivali) : 28051509/0882
T. B. (Sewree) : 2414 6993 to 97	Centenary (Govandi) : 2556 4069/4070
K.E.M. (Parel) : 2413 6051	M.V. Desai Hospital (Malad E) : 2877 4215/7857
L.T.M.G. (Sion) : 2407 6381/4539	Hinduja Hospital : 2445 2222/2574
Bhabha (Bandra) : 2642 2775/2541	Bridge Candy Hospital : 2363 3651
V. N. Desai (Santacruz) : 2618 2081 to 83	Mumbai Hospital : 2206 7676
Cooper (Vile Parle) : 2620 7254 to 58	Jaslok : 5657 3333
Bhabha (Kurla) : 2650 0241/0144	Nanawati : 2618 2255
J. J. Hospitals : 2373 1144/5555	Harkishandas : 66105555
Cama Hospital : 2261 1648/1654	Poddar : 2493 3533
St. George Hospital : 2262 0242 to 45	Tata Memorial : 2417 7000/7290
G.T. Hospital : 2262 1464 to 67	Wadala : 2412 9786/87
E.S.I. (Mulund) : 2564 5520 to 23	E.S.I. (Marol) : 2836 7203 to 07
E.S.I. (Worli) : 2493 3142/43	E.S.I. (Kandivali) : 2887 7769
Maa Hospital (Chembur) : 2522 0333 to 34	Holy Spirit : 2824 8500
St. Muktabai (Barve Nagar) : 2512 6088	Bhatia : 5666 0000
Rajwadi (Ghatkopar) : 2509 4149 to 53	Sarvodaya : 2515 2332
Bhagwati (Borivali) : 2893 2461/63	Mahatma Gandhi Memorial : 2413 2575/2581

BLOOD BANKS

Bridge Candy Hospital	: 2366 7820
Bombay Hospital	: 2206 7676 Ext.215
Harkishandas Hospital Girgaum	: 66105555 Ext 268
Samarpan Blood Bank	: 2511 1313
Bhatia Hospital (Tardeo)	: 5666 0656
Nair (Mumbai Central)	: 2309 8150 Ext.563
Sion Hospital	: 2409 5099 Ext.535
Bandra Bhabha	: 2642 2541 Ext.4103
Rajwadi Hospital	: 2509 4149 Ext.122
Bhabha (Kurla - W)	: 2650 0144 Ext.245
Bhagwati (Borivali)	: 2893 2461 Ext.105
Cooper Hospital	: 2620 7254 Ext.263

**APOLLO TYRES****CHECK . SET . GO**

K.E.M. (Parel)	: 2413 6051 Ext.2507
Cama Hospital	: 2261 1648/1654
ESIC Hospital Worli	: 2493 3142 Ext.215
ESIC Hospital Kandivali	: 2887 7764 Ext.226
G. T. Hospital	: 2262 1464 Ext.351
J.J. Hospital	: 2373 9400 Ext.2248
E.S.I.C. Hospital Mulund (W)	: 2564 5521 Ext. 113

COAST GUARDS

24376133 / 24371932

CENTRAL GOVT. INDIAN METEOROLOGICAL

Meteorological Department : 2215 0405 Smt. Satyadevi Dy. Director : 2218 8504

TOWING SERVICES

Top Gear :

Mr. Sandeep- 93237 90370, 2660 3600

Rajasthan Crane Service:

Mr. Achin- 98204 42471, 2847 3029

Patel Automobile:

Mr. Abdullah- 9820596426, 2876 0198

Prakash Automobile:

Mr. Rahul- 98201 48557, 2614 9979

CRANE SERVICES

Express Crain Service	: 25227629/2670
Nandu Transport	: 2372 5054
Indira Transport	: 2378 0577

M. S. E. B. CONTROL

M.S.E.B. (Bandra)	: 2647 2131	B.S.E.S. East Sub.	: 3009 6999
M.S.E.B. (Bhandup)	: 2566 8225	M.S.E.B. Mulund (W)	: 2568 6666
RELIANCE ENERGY (B.S.E.S. CONTROL)		M.S.E.B. Mulund (E)	: 2561 0013
B.S.E.S. Western Sub.	: 2610 0505		

WATER SUPPLY CONTROL

Malbar Hill (City)	: 2367 8109	Bhandarwada	: 2377 0446
Vile Parle (W)	: 2614 6852	Ghatkopar (E)	: 2515 3258

DRAINAGE CONTROL

Babula Tank Drainage	: 2373 8948	Dadar Drainage	: 2422 4556
Dadar Storm Water	: 2432 7674	Versova (W)	: 2636 8650
Ghatkopar Drainage (E)	: 2522 0348		

SWM CONTROL ROOMS

Worli (City)	: 2493 5689, 2493 5687, 2492 2138
Ghatkopar (ES) Pantnagar	: 2511 3509
Santacruz (WS)	: 2618 2251 to 5, 2617 6886

RAILWAYS

Churchgate	: 2201 7420	Mumbai Central Police	: 2307 0197
C.S.T	: 2262 2685	Control Room	: 2757 9969
Central Rly. C.S.T.	: 2262 0173	Western Rly. Mumbai Central	: 2307 0197

AIRPORT

Santacruz Airport (New Terminal)	: 2615 6600	Air Port Custom	: 2682 8719
Sahar Terminal (NIPTC)	: 2682 9000	Air Port Authority	: 2682 9000
Indian Airlines Enquiry	: 2616 8000	Air Port Fire Station	: 2682 8197
Air India Enquiry	: 2279 6666	Jet Airways (Enquiry)	: 2615 6415

DEFENCE**Air Force**

Air Force Exchange	: 2371 4982
Air Force (Enquiry)	: 2371 4982
F.D.C. Merry Time Air Operation	: 2205 3057
Navy	
Naval Exchange	: 2266 3030
Western Naval Command	: 2215 0290

Mumbai Port Trust

Chairman B.P.T. 9820031310	: 22621234
Dy. Chairman 9820031315	: 2261 5049
Army	
Military Exchange Coast Guard	: 2215 1701
G.O.C. M.G. & G. Area Army	: 2215 7105

DEFENCE

Head Office Control	: 2284 3667		
Div. No.2 jacob Circle	: 2309 8777		
Addl. Controller of Civil Defence	: 2261 0088		
Shri P. K. B. Chakrawarthy	: 2202 2246		
Shri Prakash D. Pawar	: 2202 5352		
Shri Natekar	: 2284 3667		
Shri. B. G. Ingole	: 2203 1964		
Shri. B. B. Mahajan	: 2261 1910	Shri. Thakur	: 2203 1754
Shri. N. M. Thakur	: 2309 8777	Shri. V. H. Pawar	: 2620 6791

**HOME GUARDS ORGANISATION**

Shri. Ahire	: 2284 2423 Ext 321	Shri. S. S. Mungalkar	: 2512 0946
Head Office	: 2284 2423	Shri. P. P. Nagtilak	: 2284 2423
		Div.No.1 Cross Maiden	: 2203 5869

MTNL

Head Office	: 2430 2244	D.G.M. (Eastern)	: 2579 3000
G.M. (South)	: 2202 5500	G.M. (North)	: 2415 1555
G.M. (Central)	: 2364 1155		

BROAD CASTING

All India Radio	: 2202 6242
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TELEVISION

News T.V. Centre	: 24940357
Director, T.V. Centre	: 2493 8444

B.E.S.T. CONTROL

Electric House	: 2285 6262	Colaba Depot	: 2284 5067
Transport Wadala	: 2414 6533	Goregaon (Rel)	: 3009 6999
South Central Zone	: 3009 6999	Central Zone	: 3009 6999
(Andheri to Jogeshwari)		(Goregaon to Kandivali)	
North Zone	: 2864 0505	East Zone	: 3009 6999
(Borivali to Bhayander)		(Kurla to Chembur)	
Special Officer Adl.			
Vice President Corporate			
Communication	: 3009 2005	Electric Supply (Dadar)	: 2414 6262
Santacruz	: 2663 9999	Colaba Fuse	: 2218 2709
Pathak Wadi System Control	: 2206 7893	Pathak Wadi Fuse Control	: 2208 4242
Pathak Wadi Fault Control	: 2206 6611	Grant Road Fuse	: 2309 4242
Dadar Fuse	: 24124993	Mahim Fuse	: 2444 4242

AIR POLLUTION

Air Pollution	: 2492 3462	Khar Laboratory	: 2649 7483
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MHADA CONTROL / HOUSING BOARD

Bandra Control	: 2659 2877	Housing Board, Tardeo	: 2494 8423
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DOG CONTROL

Dog Control (City)	: 2308 5118	Dog Control (Bandra W.Sub)	: 2640 9275
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VET CLINICS

Small Animal Hospital	:	Dr. Girish	- 9820092365
Akash Pet	:	Mr. Umesh	- 9870548982

KONKAN DIVISION CONTROL

Municipal Commissioner Thane 2533 1590	Municipal Commissioner New Mumbai 2757 7070
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OTHER IMPORTANT NUMBERS

Post Master General	: 2262 0673
Thane fire station	: 2533 1600
Otis	: 2282 0912